

News release



Everett Public Schools

Jan. 20, 2011

For more information:

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Healthy bodies + healthy minds = increased success in school ... AND great cost savings for families!

Evergreen Middle School's PTA is ramping up the power of that equation in a unique partnership with the school and the region's health awareness and medical organizations, businesses and agencies. Families and students of all ages have access to FREE health information and screenings. **AND, just announced – state-required vaccinations will be available for just a \$15 fee or less, depending upon family need.**

All this happens on Saturday, Feb. 19, 2011, 10 a.m. to 4 p.m., at the first ever [Evergreen Middle School](#) Health Fair for [Teens, Tweens and Parents](#). The activity-packed day will focus on exercise, healthy eating, good habits and health awareness – and on helping all students get required vaccinations at a reduced cost.

The idea for the fair was born out of the concept, "Healthy habits begin at home," event organizer Susan Wilson reminds everyone. "It takes a healthy family to support healthy youth. ..." She and her fellow organizers are proving that a healthy community also can help support healthy young people. The Snohomish Health District is an event partner. All vaccinations and staff to give the vaccinations are being provided by the Health District as part of their mission to foster community health.

Vaccinations must be ordered ahead of time. To ensure an accurate count of vaccinations needed, fifth-grade students are asked to have parents sign permission forms for the vaccinations. The [permission forms are available online](#) and at each elementary school front office. Forms must be signed and turned in to school offices no later than Jan. 28.

More information about the fair and the vaccinations is available from Susan Wilson at meridian-nurse@comcast.net or 425-239-4253.

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